

Contact Information

San Diego Unified Employee Benefits (Open Mon-Fri 8:00 am to 5:00 pm) Email: employeebenefits@sandi.net sandiegounified.org/departments/benefits	(619) 725.8130	Human Resources	(619) 725.8089
	Fax: (619) 725.8132	Payroll	(619) 725.7736
Kaiser Permanente (my.kp.org/veba/)	(800) 464.4000	Fiscal Control (403b/457b/Tax-Sheltered Annuities)	(619) 725.7669
			Email: deferred.comp@sandi.net
United Healthcare HMO whyuhc.com/csveba UMR NexusACO PPO umr.com	(888) 586.6365	District Benefits Cashier	(619) 725.7682
	(800) 826.9781	DeltaCare USA (HMO) deltadentalins.com	(800) 422.4234
Carrum Health (carrum.me/csveba) Express Scripts (express-scripts.com)	(888) 855.7806	Delta Dental PPO deltadentalins.com	(866) 499.3001
	(800) 918.8011	Western Dental westerndentalbenefits.com	(800) 992.3366
United Healthcare Medicare Advantage HMO United Healthcare Medicare Advantage PPO Optum Rx (for UHC Medicare HMO & PPO) Kaiser Senior Advantage HICAP (Health Insurance Counseling & Advocacy)	(800) 457.8506	VSP Vision Care vsp.com	(800) 877.7195
	(877) 211.6550	American Fidelity Flexible Spending Accounts (FSA) Email: flex@americanfidelity.com	(800) 662.1113
Centers for Medicare & Medicaid Services (CMS) Social Security Administration (ssa.gov)	(888) 279.1828	American Fidelity Assurance (voluntary insurance)	(800) 662.1113
	(800) 443.0815	American Fidelity Assurance – Southern CA Office	(800) 365.9180
OptumHealth Chiropractic myoptumhealthphysicalhealthofca.com	(800) 633.4227	The Standard (voluntary insurance)	(800) 522.0406
	(800) 772-1213	Email: ctaservice@standard.com	
Optum Financial (Alliance Plan HRA Debit Card) optumbank.com Gallagher HealthInvest HRA (Journey Plan) healthinvesthra.com	(800) 428.6337	The Hartford Voluntary Life/AD&D (Enrollment)	(855) 396.7655
	(800) 243.5543	The Hartford Voluntary Life/AD&D (Claims)	(888) 563.1124
CA Schools VEBA vebaonline.com CA Schools VEBA Advocacy Services Email: advocacy@vebaonline.com CA Schools VEBA Resource Center (VRC)	(844) 342.5505	Employee Assistance Program (EAP) liveandworkwell.com	(888) 625.4809 Code: VEBA
	(619) 278.0021	CalSTRS – CA State Teachers Retirement System calstrs.com	(800) 228.5453
SDEA – San Diego Education Association	(888) 276.0250	CalPERS – CA Public Employees Retirement System calpers.ca.gov	(888) 225.7377
	(619) 398.4220	Teladoc Medical Experts (formerly Best Doctors) teladoc.com/medical-experts	(800) 835.2362
	(619) 283.4411	CSEA – CA School Employees Association	(858) 458.0300